

Omega Institute

The Painting Experience

With Stewart Cubley & staff

2022

Location: Omega Institute
Rhinebeck, NY

Dates: TBD

In this workshop, everyone is welcome — even if you have never picked up a paintbrush. The goal is free expression, with the emphasis on the creative process rather than technique. CEUs for MFT, LPCC, LEP, LCSW and RN.



"Through The Painting Experience I've been freed from concepts of inadequacy, from limiting opinions of what's beautiful, from censoring emotions and desires."

~ Natalie Goldberg, author & teacher

To Register: Omega Institute
877.944.2002
www.eomega.org

