

Esalen Institute

The Painting Experience

With Stewart Cubley & staff

April 28 - May 3, 2019

**Location: Esalen Institute
Big Sur, CA**

In this workshop, everyone is welcome — even if you have never picked up a paintbrush. The goal is free expression, with the emphasis on the creative process rather than technique.

CEUs for MFT, LPCC, LEP, LCSW and RN.



"Through The Painting Experience I've been freed from concepts of inadequacy, from limiting opinions of what's beautiful, from censoring emotions and desires."
~ Natalie Goldberg, author & teacher

**To Register: Esalen Institute
888-837-2536
www.esalen.org**

