

the Painting Experience

The Journey

Creative exploration is a voyage of discovery, where the journey itself is the goal. **The Painting Experience** guides you into the uncharted territory of painting directly from intuition, an unpredictable venture into color, form and image where no rules apply.

"There are so many levels of growth and spirit cloaked within this simple practice, it truly defies words."



The Power

The power inherent in painting is that it can awaken a wild vein of passion that will not go back to sleep. Using only the simple tools of brush, paper and paint, **The Painting Experience** invites you on a highly personal journey of daring and discovery, made possible through a safe environment and the support of Stewart Cubley and his experienced staff. The potential is to tap into an extraordinary resource: the vibrant, driving force of your own creative spirit.

"I've learned that the challenge is in expressing myself, not in learning techniques."

It's for Everyone

In this workshop, everyone is a beginner; people from all disciplines and levels of experience are welcome, including those who have never picked up a paintbrush. You will discover the dynamic potential of process painting as a tool for becoming more engaged with your life and more connected to your creative source.



"I had never touched a paintbrush to paper and didn't know the journey I was about to take - the journey to the real self."

It's Not About the Painting - Not Really

The goal is free expression, with the emphasis on the creative process rather than on technique or expertise. There is no critique, analysis or focus on the finished product. In the end, what really matters is that you have embarked on the greatest of all human journeys – embracing your own path and confidently following it.

Your Guides

We are a group of professionals with extensive experience working on the front lines of human change and transformation, and we've had the privilege of making a real difference in the lives of thousands of people interested in expanding their creative capacity.



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